



# HAMPTON COUNTY SCHOOL DISTRICT 2

SEPTEMBER 2019

## CHILD NUTRITION MENUS

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
	2 No School_ Labor Day_	3 <u>Breakfast</u> Pancake on a stick, Apple, Milk <u>Lunch</u> Beans & Franks, Steamed Carrots, Sliced Pineapple, Fresh Fruit, Milk	4 <u>Breakfast</u> French Toast Stick, Orange, Sausage Link, Milk <u>Lunch</u> Corn Dog, Green Beans, Broccoli, French Fries, Mixed Fruit, Milk	5 <u>Breakfast</u> Cereal, Juice, Milk_ <u>Lunch</u> Sub sandwich w/ let/tom/pickle, Corn, Mandarin Oranges, French Fries, Milk	6 <u>Breakfast</u> Sausage Biscuit, Juice, Milk_ <u>*Lunch GPD*</u> Yellow Rice, Baked Chicken, Collard Greens and Black-eyed Peas, Fresh Fruit, Peaches, Milk
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
	9 <u>Breakfast</u> Pop Tart, Orange, Milk <u>Lunch</u> Pizza, Tossed Salad, Mixed Veggies., Pear Halves, Fresh Fruit, Milk	10 <u>Breakfast</u> Honey Bun, String Cheese, Apple, Milk <u>Lunch</u> Sloppy Joes on Bun, Corn/Sweet Peas/Green beans, Applesauce, French Fries, Milk	11 <u>Breakfast</u> Corn Dog Nugget, Orange, Milk <u>Lunch</u> Chicken Salad on lettuce, Sweet Peas, Mixed Fruit, French Fries, Crackers, Milk	12 <u>Breakfast</u> Cheese Toast, Sausage Patties, Juice, Milk <u>Lunch</u> Fish Nuggets, Coleslaw/Carrots, Pineapple, French Fries, Milk	13 <u>Breakfast</u> Chicken Biscuit, Juice, Milk <u>Lunch</u> Chili Dogs, French Fries, Mixed Fruit, Milk
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
	16 <u>Breakfast</u> Blue Berry Muffin, Sausage Link, Apple, Milk <u>Lunch</u> Ravioli, Corn on Cob, Applesauce, French Fries, Cheese toast, Milk	17 <u>Breakfast</u> Breakfast Bagel, Apple, Milk <u>Lunch</u> Mac & Cheese, Sausage, Cabbage/Spinach, Mandarin Oranges, French Fries, Milk	18 <u>Breakfast</u> Blueberry Pancake, Sausage Patties, Orange, Milk <u>Lunch</u> Turkey & Cheese Sandwich w/Let & tom, Broccoli w/cheese, Peaches, French Fries, Milk	19 <u>Breakfast</u> Eggs, Sausage, Cheese Toast, Milk <u>Lunch</u> Hot dogs, Tossed salad, Sliced Pineapple, Green beans, Milk	20 <u>Breakfast</u> Peach Cobbler, Juice, Milk <u>Lunch</u> Cheeseburger w/ Let & tom, French Fries, Grapes, Milk
Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
	23 <u>Breakfast</u> Blueberry Waffle, Juice, Milk <u>Lunch</u> Chicken Nuggets, Corn/Sweet peas, Apple wedges/ Pears, Milk	24 <u>Breakfast</u> Eggs Sausage, Cheese Toast, Milk <u>Lunch</u> Meatball Sub, Green beans/ Mixed Veg, Pineapple, French Fries, Oatmeal Cookie, Milk	25 <u>Breakfast</u> Grits, Eggs, Sausage, Toast, Juice, Milk <u>Lunch</u> Beefaroni, Tossed Salad, Peaches, French Fries, Bread, Milk	26 <u>Breakfast</u> Pancake on a Stick, Apple, Milk <u>Lunch</u> Hot Dog on Bun, Broccoli & Cheese, Baked Beans, Fruit, Pineapple Tidbits, Chocolate Chip Cookies, Milk	27 <u>Breakfast</u> Pop tart, Orange, Milk <u>Lunch</u> McRib on bun, Broccoli w/ cheese, Grapes, Milk
Week 5	Monday	Tuesday	Wednesday	Thursday	Friday
	30 <u>Breakfast</u> Cheese toast, Sausage Patties, Juice, Milk <u>Lunch</u> Beans & Franks, Steamed Carrots, Sliced Pineapple, Fresh Fruit, Milk				



USDA is an equal  
opportunity provider

Menu items are subject to change due to  
availability.

Director of Child Nutrition: Cheryl Grant, (803)625-5028

Administrative Assistant of Child Nutrition: Debra Burison, (803)625-5029

\*\*Juice or Fresh Fruit offered 4xs per week at High School & 2xs per week at Elementary School\*\*